

**Where to
measure**



Size	Arch Circumference	Average Shoe Size
S	5-8 in/12-21 cm	US: M 3-5.5/W 4-6.5 UK: 1-3 EU: 33-36
M	7-10 in/18-26 cm	US: M 6-9/W 7-10.5 UK: 4-8 EU: 37-41
L	9-13 in/23-33 cm	US: M 10-13/W 11-Plus UK: 9-13 EU: 42-46
XL	11-15 in/28-38 cm	US: M 13.5- 15 UK: 14-16 EU: 47-50
XXL	13-18 in/33-46 cm	US: M 15.5-PLUS UK: 17-Plus EU 51-PLUS